

OUR REPORT

American Association of University Women

Ontario-Upland-Rancho Branch

DECEMBER EVENTS

Wednesday
December 7
On the Go
See page 4

Wednesday
December 14
WRITERS
WORKSHOP
See page 3

Friday
December 16
HOLIDAY SOCIAL

Monday
December 19
HANUKKAH

Sunday
December 25
CHRISTMAS

Save the Date

Monday
January 9
GREAT
DECISIONS
See page 4

Thursday
January 12
BOOK GROUP

OUR ANNUAL HOLIDAY SOCIAL

Friday, December 16th
11:30 – 1:30

Doubletree Inn by Hilton Claremont
555 W. Foothill Blvd, Claremont

Please join AAUW members, spouses/significant others and guests for OUR annual Holiday Party Luncheon at the Doubletree Inn in Claremont. **The cost will be \$35.00** (payable by cash or check when you arrive)

First Course: Market Baby Greens Salad

Second Course: Chicken Picatta with Lemon Caper Sauce,
Garlic Mashed Potatoes, Farmers Market Vegetables, Rolls
and Butter

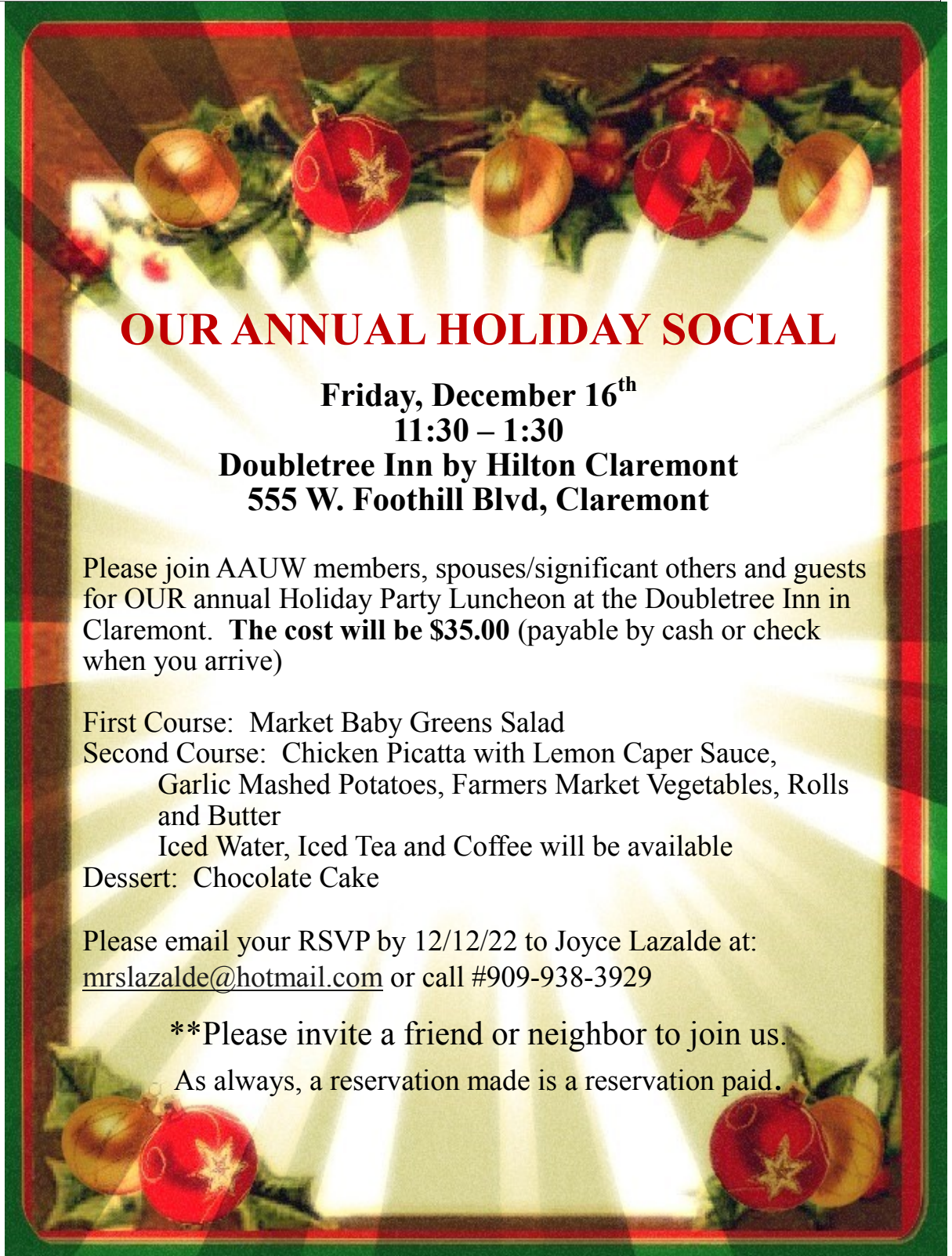
Iced Water, Iced Tea and Coffee will be available

Dessert: Chocolate Cake

Please email your RSVP by 12/12/22 to Joyce Lazalde at:
mrs lazalde@hotmail.com or call #909-938-3929

****Please invite a friend or neighbor to join us.**

As always, a reservation made is a reservation paid.



PRESIDENT'S CORNER

It is December. The ending of 2022 is near and December is always a very special time of year. It is a time to count our many blessings. It is a time to reflect on the past year and the accomplishments and failures of 2022. It is a time to plan for the future and to decide how best to improve.

At the current time, we have a membership of 69. We are doing well considering there are many branches struggling to survive and many who have not survived and sadly have had to disband. This recently happened to the Riverside and Victor Valley branches. It has happened at a time when there is a great need to support women and women's organizations. The rights and choices for women are being taken from them rather than expanded. Equity for all is the goal of AAUW and has been since 1881. We cannot go backward to a time when women were not heard.

This past year OUR AAUW sent six girls to Stem Camp where they were introduced to opportunities and vocations they did not know existed. We provided five women from Chaffey College with scholarships to continue their education and to aid in achieving their dreams. We gave 100 hygiene kits to high school girls to aid them in remaining in school and getting a diploma.

In 2023, we can do even more. We can grow our membership. The state is asking each branch to increase membership by six percent. Let's try to exceed that goal. Let's try and add seven new members and reach a total of 75 members in OUR AAUW. Please ask a neighbor, co-worker, relative or friend to join us in our goals. You will actually be giving them an opportunity to make a difference in the lives of many—locally and nationally. What a gift that would be!

We can also expand our community project with more donations of shampoo, shower gel, toothpaste, deodorant, conditioner and lotion. We can continue and expand the number of scholarships we provide and number of girls we send to STEM camp. We can do better. We can do more.

We are very blessed to belong to this wonderful organization. Each of you is a blessing to this organization. Each of you is making a difference. I sincerely wish all of you a magical holiday season. Thank you for being a part of OUR AAUW. Happy Holidays! Happy New Year!

Joyce Paul, President

GOV TREK A brand new AAUW CA Program

AAUW California is implementing an exciting new program in 2023 called GOV Trek. In the realm of politics and public office, the number of men greatly exceeds the number of women. The purpose of GOV Trek is to develop awareness in junior and senior high school girls to the possibility of a career in politics and public service. The AAUW California is offering the program via Zoom as a five week program beginning in January that will consist of five, two hour programs on Saturday mornings in which there will be teams consisting of a candidate, campaign manager, speech writer, etc. Student applications must be received by January 14th.

Laurie Milhiser, a new member to OUR AAUW, has agreed to chair this new program for OUR AAUW. The program is limited to 150 girls throughout the state of California. If you want to learn more about the program or know a high school girl who may be interested, you can find the application and information detailing the program on the California AAUW website: www.aauw-ca.org. Volunteers are also needed to assist with the program. You will find the volunteer application on the website.

MEMBERSHIP News from Evelyn Cloyd

Yes, I love where we live. Although we don't get far any more, we still feel a part of what's going on. It would have been nice to get to the 50th [celebration of my membership in AAUW]. A lot of new names/faces that I don't know. Nor did I get to my 50th Pomona College reunion.

I'll be 85 in a few weeks! Now, I am old! But I'm doing pretty well - driving, shopping, etc. I load my walker with 4 bags of groceries and it works very well. Also use the walker for trash and laundry. Very convenient.

Jim was scheduled for a hip replacement Aug. 30 but it was cancelled at the last minute. He's having a lot of pain. I think you knew that I had shoulder and knee replacements. Main problem now is carpal tunnel syndrome/inflamed tendons. We keep the doctors busy!

My daughter had a double mastectomy last June and is getting radiation this month. She has a good attitude and we are optimistic.



In January we will celebrate November, December & January Birthdays .

DECEMBER BIRTHDAYS

Gloria Romero — 5

Kathy Brugger -- 11

Joyce Paul - 23

Mary Peat --23

Let us know if we have missed your birthday.

Carolann Ford, Birthday Bash Chair

Community Service Update

Thanks to all who have donated this past month. With your support, OUR AAUW Branch's 2022 Community Service Committee assembled the first delivery of toiletry packets to help homeless female students at Chaffey High School. 50 packets were delivered to CHS counselor Leslie Jensen on Wednesday, November 16. Your participation and generosity make a difference in the lives of these teenage students.

We will continue to collect and assemble these hygiene packs for a second delivery in spring 2023.

How can you help? Continue to add any number of the needed items to your cart as you shop—Dollar Tree and 99 Cent Store, even Target has tubes of toothpaste and deodorant in the *Travel Items* section for appx. \$1.25. If you can find the shampoo/conditioner twin packs, great! Otherwise, the 2-in-1 or even 3-in-1 bottles work. Brands in Dollar Tree include Zest and Arm & Hammer.

Step 2: When you attend any Branch sponsored activity or interest group, bring the items along, and drop them in the collection bags that your host will provide—Board Meetings, Book Group, Bridge I & II, Great Decisions, Out & About, and monthly Branch Program events. If you prefer, monetary donations are welcome also—just note "Community Service Project" on your check or note included with the donation.

Volunteers are always welcome to help assemble and deliver as well! Watch for times and place in the 2023 Newsletters.

For more information about donation call/text/email Community Service Committee Chair Cynthia Clark at 650-678-4132 clark.cyl@gmail.com or President

Joyce Paul, as well: 909.277.8800
joycem.paul@yahoo.com



Tech Trek 2023 Will Continue to Offer STEM Experiences for Girls

In 2022 Tech Trek California received 1,500 nominations from more than 400 teachers. 457 middle school girls attended residential camps, and 176 completed the virtual camp. As Tech Trek celebrates its 25th Anniversary in 2023, changes are coming. Efforts are being made to streamline and update policies and procedures. There will not be a camp at Stanford, but there will be one in San Diego. The dates have been set for camps at UC Santa Barbara (July 16-22 and July 23-29), Whittier (June 18-24), and virtual (July 23-28). Costs per girl for the camps have also increased to \$1150 for UC Santa Barbara, \$1200 for Whittier, and \$500 for virtual. OUR branch needs to determine tentatively how many girls we will send to which camps. Donations from members are always welcome. Additionally, work is being done to establish a secure alumnae database readily available to all branches and a Tech Trek Alumni Group Handbook to which we have contributed. We look forward to the reveal of the new Tech Trek logo and once again making this great STEM experience to local middle school girls.

Kathy Kinley, Tech Trek Branch Coordinator

BOOK GROUP

Our next Book Group meeting will be at **Gloria Romero's home on January 12, 2023 at 3 PM**. Thank you Gloria. Our new book is **Horse** by Geraldine Brooks.

I have started to read it. It's about someone who works at the Smithsonian and a slave who bought his freedom in the 1850s.

I've already read a lot about the Smithsonian and of course horses. It is a new book, published this year so paperbacks or used are probably not available. Someone checked her kindle and said the cost to download is \$15.

Have a wonderful holiday season. Hope to see you in January

Cathy Reaves, Book Group Chair

GREAT DECISIONS



The situation in Myanmar, including the coup by the military in February 2021 and the ongoing human rights crises, coupled with civil resistance by those opposed to the regime, has led to the chaos in the Southeast Asian country. How are neighboring countries reacting, and what role will ASEAN play? Our last discussion in the 2022 book on Chapter 4, **Myanmar's Neverending Crisis** will be on **Monday, January 9** and will be hosted & led by Glenda Sheretz. Details will be in the January 2023 newsletter

If you would like to join our group and haven't yet ordered a booklet, please call me, 909 241-6900. **Carolann Ford, Great Decisions Chair**

If you know of someone who is ill,
has had a death in the family, or just
needs a friendly "hello,"
please call our Correspondence

Secretary
Diane Webster
at
818-515-3946



BRIDGE I

Will resume in January

BRIDGE II

Will resume in January

Movie Group

Will resume in January

HAPPY HOUR

Will resume in January

Walking Group

Will resume in January

Out and About

19th St Travelers has invited us to join them visiting **Logan's Candies on Dec. 7** for a demonstration on making candy canes. Contact Cynthia Freymueller at 760 242-1711

Writers' Circle: Relax, Reminisce & (W)Rite

OUR Writers' Circle group members will meet **VIRTUALLY Wednesday, December 14th from 5-6 p.m.**

Topic to think about: *"No matter our life circumstances, most human beings want the same thing: to have our lives matter. Our next session, **Write to Be Fully Alive** will take us into the world of acknowledgment and appreciation, a perfect theme for the holidays where love is the best gift."*

Our process remains the same – Cynthia will give us a jumpstart, and we'll write for 10 or 15 or 20 minutes, exploring the difference someone else has made in our lives. Then share and respond.

Writers' Circle requires no-experience, just a friendly way to explore the talents we all have—learning to put our thoughts, dreams, experiences into the written word—poems, memories, letters, posts, blogs and more.

With Zoom, you can simply find a cozy spot in your own home, open your notebook or laptop/tablet and **Zoom** in for one hour of relaxing conversation and writing. Expand your writing talents and enjoy a glass of wine or another favorite beverage [it is the happy hour!] with group leader, Cynthia Clark. If you would like the link or for more information call or email at **(650) 678-4132** or clark.cyl@gmail.com

PUBLIC POLICY

During the weeks before the midterm elections, I started to look for some balance in the us/them, red/blue, me/not you mindset. I discovered three fantastic organizations. First, Search for Common Ground has had an amazing impact worldwide. Truly inspiring details, too much to go into here, are at <https://www.sfcg.org/about-us/>

Along the same lines, there is Unify America, which offers you participation in a guided video conversation with another American who may vote differently than you or be different than you in other ways. "It's a small but powerful way for everyday people to heal our national divide." They invite you to step out of your "bubble." <https://www.unifyamerica.org/unify-challenge> Finally, thinking about the winter holidays, I found <https://livingroomconversations.org/> Covering an abundance of resources and suggestions on polarizing topics from "abortion" to "women, leadership and power," I snipped out this part: "Family gatherings can pose a unique challenge in this politically charged climate. Why? Because **family is known for breaking host and guest social norms.** Because family knows each other's triggers and because family relations often require more of us. . . .

Listening is powerful. It doesn't mean you agree. Just giving someone your full attention is a valuable gift. People rarely change their beliefs in a conversation; but people often expand understanding through conversation. Focus on learning and sharing rather than debating or convincing. To do so you can:

- Ask thoughtful questions, inspired by whatever honest curiosity you feel
- Try to understand, not convince or persuade
- Share personal stories and experiences, not data points
- Notice if there are areas of agreement.
- Assume good intentions and extend the benefit of the doubt. Thoughtfully end the conversation when you are triggered or tired
- Share appreciation for having the conversation

Sometimes we see family as a reflection of ourselves. We may feel an obligation to make them see "the error of their ways." And we may want to be clear that we are not flawed in that way, too. It can be much harder to avoid judging and remain curious with family—even when we know this is the most effective way for us to connect with them.

With family, not arguing and not pushing back can feel like a betrayal of our own beliefs. It can feel like selling out just to keep peace at the dinner table. But listening with genuine curiosity is not selling out or taking the

easy road. There is deep value in taking a more respectful and curious approach. When we connect in this way mutual listening is far more possible. And remember: again and again we hear from Living Room Conversation Guide users who have friends and family with very different views that "love comes first." <https://livingroomconversations.org/>

Kathy Henkins, Public Policy Chair



You have probably already received a letter in the mail from me, Gloria Hailes, the Fund Vice-President, requesting that you mail a donation in the enclosed self-addressed stamped envelope. Please respond by Friday, December 16, 2022 to make sure you receive tax credit during 2022. You might consider adding a little extra.

To designate your donation to a particular Fund, you can place one of these numbers in the Memo Line on your check.

9110 – AAUW Greatest Needs Fund—gives AAUW the mobility to rapidly respond to new and emerging challenges or opportunities facing women & girls.

4449 – The Economic Security Fund—ensures livelihoods for women through achieving pay equity of women, providing training in salary negotiations, and deepening women's retirement security and quality of life.

4450 – Education and Training Fund—addresses the barriers and implicit biases that hinder advancement of women by championing equal access to education & ensuring that education at every level is free from sex discrimination.

4452 – Leadership Fund—supports the effort to close the gender gap in leadership opportunities by bolstering the participation of & increasing the number of girls & women in leadership roles, particularly in education & nonprofit organizations.

4451 – Governance and Sustainability Fund—ensures the strength, relevance & viability of AAUW into the future by implementing best practices in organizational functioning & inclusion & by diversifying revenue

Donations received without a designated program name or fund number will be allocated to fund #9110. Thank you for your continued support of the AAUW Fund.

Gloria Hailes AAUW Fund VP



Ontario-Upland-Rancho (CA) Branch

DECEMBER 2022

Ontario-Upland-Rancho Branch
P.O. Box 1173
Upland, CA 91785

**Address Correction Requested
Time Dated Material**

<http://our-ca.aauw.net/>

aauw_ca.org

aauw.org

<https://www.facebook.com/AAUW.OURCA>

OUR Report is published September through June

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Please have all material to the editor by the 15th of each month.

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American Association of University Women

Mission Statement:

AAUW advances equity for women and girls through advocacy, education, philanthropy, and research.

California AAUW Image Statement:

AAUW is California's most active and diverse organization for women offering action for equity, personal and professional growth, community leadership and friendship.

Diversity Statement:

In principle and in practice, AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, or disability.

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AMERICAN
ASSOCIATION OF
UNIVERSITY
WOMEN

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